

EUCCHARISTIC ADORATION

THEME: COME AND SEE

SONG: ADORATION HYMN (SWEET SACRAMENTE DIVINE)

Leader: In the name of Father and of the Son and of the Holy spirit

All: amen.

Leader: may he be praised and adored every moment ×3

All: the most blessed and most divine Sacrament ×3

INTRODUCTION

Jesus awaits us in this Sacrament of love. Let us not refuse the time to go and meet him in adoration, contemplation full of faith, and open to making amends for the serious offences and crimes of the world. Let our adoration never cease.' Saint pope John Paul II.

Our communal worship at the mass must go together with our personal worship of Jesus in the Eucharistic adoration in order that our love may be complete. Eucharistic adoration helps us to be more involved with Christ as individuals and as a community because it makes the Eucharist more central in the lives of people. By spending time with Jesus in the Eucharist, we are able to establish a truly personal relationship with him.

we believe in our God, our God that we are in your presence, that you are looking at us and listening to our prayers. You are so great and so holy; we adore you. You have given us all: we thank you. You have been so offended by us; we ask your pardon with all our heart. You are so merciful: we ask of you all the graces that you know are beneficial to us.

SILENCE

SONG OF THE HOLY SPIRIT (THE SPIRIT COME TO SET US FREE)

JOHN 1: 35 – 42

The next day john was there again with two of his disciples, and as he watched Jesus walk by, he said, "Behold, the Lamb of God." The two disciples heard what

he said and followed Jesus. Jesus turned and saw them following him and said to them, 'what are you looking for?' they said to him, "Rabbi" (which translate means Teacher) with him that day. It was about four in the afternoon. Andrew, the "where do you stay? He said to them, "come and see." So, they went and saw where he was staying and they stayed with him that day. It was about four in the afternoon. Andrew, the brother of Simon Peter, was one of the two who heard John and followed Jesus. He first found his own brother Simon told him, 'We have found the Messiah" (which is to Jesus. Jesus looked at them and said," you are Simon the son of John; you will be called Cephas (which is translated Peter)

The gospel of the Lord.

We have here the most detailed account of the vocation of the first five disciples of Jesus, a personal encounter of Jesus with those who will be his most intimate friends and followers.

The words that Jesus uttered was "what do you want" it is always God who takes initiative. When the human hearts begin to seek and when the human heart begin to long, God comes to meet us far more than half way. The two disciples of John were perhaps shy to approach Jesus directly and followed respectfully some distance behind. Jesus turned and spoke to them. "What are you looking for?" he opened the door that they might come in. when we go to God, we go to the one who stands waiting for us so we should not shy off or drug ourselves back we have to go to Him with confidence and trust in Him. Jesus showing them that to follow Him is to accept a new identity, new role, while Nathanael is invited to leave behind hie own prejudices. And they all went, saw, and stayed. Are we ready to detach ourselves to the things that we are attached to and follow the new way of living.

Jesus turns to anyone who follows him and addresses him. He cannot but answers the call, because he is the word. When we take initiative of seeking him, Jesus turns around. He was just waiting for that: he came in order to be sought and found" so let us continue seeking him and asking him like the disciples" arabbi where do you live".

Questions for reflection and journaling

- ❖ What do I want from Jesus in my life today?

- ❖ What am I trying to get out of life?
- ❖ How have I responded to Jesus' invitations recently?
- ❖ What are the some of thing am requested to leave behind me in order to be free to serve him?

Silence

Divine praises

Blessed be God

Blessed his holy name

Blessed be Jesus true God and true man

Blessed be the name of Jesus

Blessed be his most sacred heart

Blessed be his most precious blood

Blessed be Jesus in the most holy sacrament of the alter

Blessed be the great mother of God most holy

Blessed be her holy and immaculate conception

Blessed be her glorious assumption

Blessed be the name of Mary, virgin and mother.

Blessed be saint Joseph her most chaste spouse

Blessed be God in his Angels and in his saints.

For the intentions of the Pope Francis and the needs of the church

Our father (the Lord's prayer)

Hail Mary full of grace.....

Glory be to the father and to.....

Final Hymn (a thanksgiving song)

In the name of the father and of the son and of the holy spirit. Amen