# THE COAT OF ARMS OF THE SACRAMENTINE SISTERS OF BERGAMO

Our traditional coat of arms was designed from a drawing by Saint Geltrude Comensoli herself.

#### THE DRAWING BY SAINT GELTRUDE COMENSOLI

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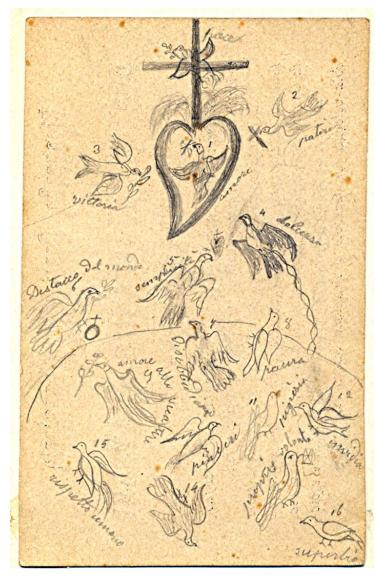
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In the original drawing, two sections can be identified: the upper one, with the Sacred Heart, represents Heaven and is separated from the lower one by a curved line representing the Earth.

Some doves are tied to the earth; others fly free in the sky.

Mother Gertrude herself explained the meaning of the doves tied to the earth: they are faults that hinder the ascent towards God. Thus, we find disobedience, fear, wrong love for creatures, pleasures, laziness, envy, self-will, human respect, pride. All this prevents the soul from rising to God with freedom as a dead dove drawn upside down demonstrates.

In the same drawing, some doves fly freely towards the Sacred Heart. They represent good values. Detachment from the world is represented by the dove that has a world under its feet. Simplicity of heart represented by the dove that has a heart drawn before its eyes. Gentleness represented by the dove that frees itself from earthly chain. Victory represented by the dove that holds a laurel twig in its beak. Suffering represented by the dove that has a cross in front of it. Love represented by the dove



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that stands in the fiery furnace of Jesus' heart. Peace represented by the dove that holds an olive branch in its beak, but we notice that there is a cross above it, this means that the cross is also present in a life of love. Mother Gertrude herself commented on her drawing, "The heart of Jesus will bind me to the cross with him and consume me. Nothing should disturb you ... Nothing should dismay you; everything passes. God does not change. He who has God has everything. Amen".

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Starting from this sketch, we developed this coat of arms in the past.

The world appears here too, but the doves are all flying upwards, where the sun of the Eucharist shines.

The coat of arms bears the inscription "Illuminamini ad illuminandum" (You are enlightened to enlighten), an invitation to let yourself be enlightened by the Eucharistic sun and then spread its light throughout the world.

Initially it was accompanied by this inscription:

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"Accedite ad Eum et Illuminamini" From Psalm 34:6: "Look at him and you will be radiant". N

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### THE NEW LOGO OF THE INSTITUTE OF THE SACRAMENTINE SISTERS



Our Institute today presents itself with a new logo that can also speak the language of social media, a new land of evangelisation for the humanity of the 21st century.

The light flowing from the Eucharist dominates the scene and envelops the people who stand, in an attitude of praise, in the Presence of Jesus.

The three people with their arms raised in adoration form a community, which can be a religious community, but also a family or any other group of believers: "For where two or three are gathered in my name, there am I in the midst of them". (Mt 18:20)

The dominant colours are those of light, but also of fire, a reminder of the "burning charity to Jesus in the Blessed Sacrament and to our neighbour" that Saint Geltrude Comensoli proposed as a synthesis of the mission and life of her Institute.

The silhouettes arranged in a scale give the idea of a <u>circular dynamism</u> of love between the Adorers and the Eucharist: we contemplate Jesus in His self-giving at the Last Supper and receive His charity, which we bring to our brothers and sisters and then return with them to His Presence. As Saint Gertrude used to say, "Yes, I always want to contemplate those loving flames which continually rise from Your most ardent Heart and which are the object of Your most ardent love for me. At the sight, at the contact of that furnace of love, my heart will also be inflamed, [...]. Oh! what pleasure, what happiness to live always in your beloved presence!!'.

The circle has deliberately been left open to indicate that this movement is continuous and tends to expand. As our Foundress taught us, the Eucharist is a school of charity!